Preparing for Your Consultation

Bringing the right information means Dr Kumar can give you a clear plan, an accurate quote and, where it applies, an assessment of Medicare eligibility at your first consultation.

Before the day

- ☐ A current **GP referral** addressed to Dr Rohit Kumar. It is needed for every patient and allows the Medicare rebate on your consultation fee. Please email it to **info@drkumar.com.au** before your appointment, so it is on file when you arrive.
- ☐ Your **new patient form**, completed online from the text message link or on paper.
- ☐ Your **nurse phone consultation** completed. Dr Kumar's nurse will tell you which results and records to bring.
- ☐ Check your **health fund cover**: your level of hospital cover, and the date you joined or last upgraded.

What to bring

- ☐ Your Medicare, health fund, and DVA or pension cards, only if these details are not on your new patient form or have changed since you completed it
- ☐ A list of your medicines, including supplements and weight-loss injections
- ☐ Recent blood test results and any letters from other specialists
- ☐ If you have had weight-loss surgery: the operation name, date and surgeon, and any letters or reports
- ☐ Your weight history: highest weight, current weight and the date your weight became stable
- ☐ Any GP notes about rashes, skin infections or other problems caused by excess skin, and the treatments tried
- ☐ If you have breast implants: your implant card, or the brand, size and date of surgery
- ☐ Records of any previous cosmetic or plastic surgery
- ☐ Your questions, written down

On the day

- ☐ Allow 60 minutes, or 90 minutes for weight-loss patients or more than one area of concern
- ☐ Wear clothing that is easy to remove; clinical photographs are usually taken
- ☐ Bring a support person if you would like to; they are welcome in the consultation
- ☐ The consultation fee is $400, with a Medicare rebate of about $88 with a GP referral

Questions you may want to ask

- Which operation, or combination of operations, would you recommend for me, and why?
- What will the scars look like, and where will they sit?
- What are the risks for someone with my health and weight history?
- How long will I be in hospital, and how long off work?
- Does a Medicare item apply to me? What will my health fund cover?
- Would you stage my operations, and in what order?
- What follow-up will I have?

> After your consultations there is a cooling-off period of at least seven days before surgery can be booked.
> Questions at any time: 1300 267 726.